

# Post-Treatment

- Avoid sun exposure, tanning beds and creams until your treatments are completed
- Avoid hot showers, saunas, hot tubs, swimming and strenuous sports for 2-3 days following treatment, or until any redness, crusting, or blisters have resolved
- If crusting develops, it should fall off naturally. Please do not pick or scratch.
- Do not wax, tweeze, bleach, or use hair removal creams or electrolysis on treatment area until all treatments are completed
- Do not shave treated area for 1 to 3 days post-treatment if crusting or blistering occurs
- Apply a minimum SPF 30 broad spectrum sunscreen
- Treated area may appear red, irritated and swollen (like sunburn). Apply ice packs or cold aloe vera to soothe.
- You may experience "hair shedding" the first few days after treatment which is sometimes mistaken for hair growth
- Can apply makeup, lotion, resume shaving and apply skincare products to treatment area as early as the next day as long as the skin is not broken and there is no extended redness, blistering or scabbing.
- Thoroughly remove makeup and creams gently with a soft, clean cloth and mild cleanser. Pat to dry. The treated area is very delicate and should be treated with care. Excess rubbing can open the area and may lead to scarring.

**If scabbing, blistering or signs of infection occur, please contact provider.**